Exploring LD and Assistive Technology

Sam Peters & Carolyn Phillips, Tools for Life
With contributions from Christopher Lee, Liz Persaud & Ben Jacobs & Ben Satterfield
www.gatfl.org
For Handouts: http://www.gatfl.gatech.edu/tflwiki

IDA 2016
Welcome to the Assistive Technology Revolution!

The world around us is evolving at an astounding rate. Assistive Technology developments have been foundational in this evolution and a catalyst for producing positive life-changing results for individuals with disabilities.

This session will take a closer look at:

• AMAC | Tools for Life – AT Act Program
• Advocacy & Knowing Your Rights
• Making and LD Evaluation Your Action Plan
• Understanding Assistive Technology
• Using “Low/Light Tech” to inform “Mid/High Tech Solutions”
• 5 Trends to Watch
• where we are and perhaps, where we are going.
…all in 60 minutes!

For Handouts: http://www.gatfl.gatech.edu/tflwiki
AMAC Accessibility is a social change organization on a mission to create affordable services for governmental, private and non-profits organization working with individuals with disabilities. Services include e-text, braille, captioning, assistive technology, office management software and consulting.
AMAC creates practical solutions that work, with a focus on utility, ease of use, and high quality.

- **Accessibility Consulting** focuses on organizational accessibility needs with evaluation, technical assistance, customer support, and website accessibility solutions.
- **Braille Services** produces customized projects from both print materials and electronic text including partial books and chapters or graphics only using cutting-edge technology.
- **Captioning Services** makes classrooms, meetings, labs and other audio environments fully accessible for deaf or hard-of-hearing.
- **Professional E-Text Producers** provide high-quality e-text in many formats such as PDF, DOC, DAISY, and HTML.
- **Certified Assistive Technology team** provides on-site and remote assessments, demonstrations, training and technical assistance for education, work, and daily living environments.

For more information, please visit our website at [www.amacusg.org](http://www.amacusg.org)
The TFL Network is Growing!
AT Acquisition!

• Tools for Life endeavors to break down the barriers which prevent individuals with disabilities, their families, and service providers from acquiring and effectively using Assistive Technologies to gain greater independence.

• To insure that AT products are available to Georgians with disabilities

• Eliminate Funding Barriers
Join us for Webinars and Visit our Archives!

Tools for Life Online Professional Development

• Tools for Life offers online professional development to help you learn more about assistive technology strategies and solutions as well as the most recent information on AT devices and disability related issues and trends.

• Webinar content and materials are developed and presented by one of the Tools for Life team members along with other regional and national leaders in the assistive technology community.

• To join the TFL mailing list to receive our email announcements, visit www.gatfl.gatech.edu
Why Assistive Technology?

- For a person without a disability, technology makes things easier....

- For a person with a disability, technology makes things possible.

- **TIP: USE AT.** I have yet to meet a successful student with disabilities who doesn’t use Any AT.
Future

- Level out the playing field
- The Future is Contextual
  - GPS apps
  - Ads on Internet
  - Smart watches
  - Social Media
What is an AT Service?

Assistive Technology Services

Any service that directly assists an individual with a disability in the selection, acquisition, or use of an assistive technology device.

Includes:
• Evaluating
• Providing devices
• Selecting, Designing, Customizing
• Maintaining, Repairing
• Coordinating
• Training/Technical Assistance – student, family and school service providers

- Public Law 105-394 [29 USC 2201]
Assistive Technology is a **continuum of tools, strategies, and services** that match a person’s needs, abilities and tasks.

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Low Tech AT Solutions

AMAC
Accessibility for All
Low Tech Solutions

Writing Solutions:

– “The Penagain takes a novel ergonomic approach to ink pen design. The body of the pen is shaped like a "Y" creating a cradle for the index finger to rest in.”  
http://ergonomics.about.com/od/buyingguide/fr/frpenagain.htm

– Wide barrel pens can make it easier for some people to write due to their contoured shape. With a Fat Ergonomic Pen there’s more surface area to grip which makes it easier to write.
Low Tech Solutions

• Built up grips
  – Variety
  – Create your own using tennis balls
• Larger / thicker pencils
• Electronic Spellers
  – Franklin Spellers
Considering No/Low Tech to High Tech
Live Scribe Pen

- Records what it hears and what you write
- Uses specific paper for playback
- Connects to computer by USB for saving
- Tap on note and playback from there
- Jump forward and back in notes
- Dictionary
- Translation Apps
- Purchase Apps online
- Demo
Moving from Information to Action

Evaluations for Learning Disabilities
• One to one assessment
• Comprehensive battery of tests
• Detailed report with recommendations for support in work and/or learning

• What did You learn in your LD Evaluation?
• Moving from Information to Action
  – Using your Evaluation results as an Action Plan for AT
Auditory Processing Disorder (APD)

• “Also known as Central Auditory Processing Disorder, this is a condition that adversely affects how sound that travels unimpeded through the ear is processed or interpreted by the brain. Individuals with APD do not recognize subtle differences between sounds in words, even when the sounds are loud and clear enough to be heard. They can also find it difficult to tell where sounds are coming from, to make sense of the order of sounds, or to block out competing background noises.”

• What does this information tell us regarding our AT Action Plan?

http://ldaamerica.org/types-of-learning-disabilities/
Dyscalculia

• “A specific learning disability that affects a person’s ability to understand numbers and learn math facts.
• Individuals with this type of LD may also have:
  – poor comprehension of math symbols,
  – may struggle with memorizing and organizing numbers,
  – have difficulty telling time, or
  – have trouble with counting.”

• What does this information tell us regarding our AT Action Plan?

http://ldaamerica.org/types-of-learning-disabilities/
Dysgraphia

- “A specific learning disability that affects a person’s handwriting ability and fine motor skills.
- Problems may include illegible:
  - handwriting,
  - inconsistent spacing,
  - poor spatial planning on paper,
  - poor spelling, and
  - difficulty composing writing as well as thinking and writing at the same time.”

- What does this information tell us regarding our AT Action Plan?

http://ldaamerica.org/types-of-learning-disabilities/
Dyslexia

• A specific learning disability that affects reading and related language-based processing skills. Dyslexia is sometimes referred to as a Language-Based Learning Disability.

• The severity can differ in each individual but can affect:
  – reading
  – fluency,
  – decoding,
  – reading comprehension,
  – recall,
  – writing,
  – spelling, and
  – sometimes speech and can exist along with other related disorders.

• What does this information tell us regarding our AT Action Plan?  [http://ldaamerica.org/types-of-learning-disabilities/]
Moving from Information to an AT Action Plan

Visual Perceptual/Visual Motor Deficit

• A disorder that affects the understanding of information that a person sees, or the ability to draw or copy. A characteristic seen in people with learning disabilities such as Dysgraphia or Non-verbal LD, it can result in:
  – missing subtle differences in shapes or printed letters,
  – losing place frequently,
  – struggles with cutting,
  – holding pencil too tightly, or
  – poor eye/hand coordination.

• What does this information tell us regarding our AT Action Plan?

http://ldaamerica.org/types-of-learning-disabilities/
Moving from Information to an AT Action Plan

• What does this information tell us regarding our AT Action Plan?

• Avoid the temptation of a “cookie-cutter approach”

• Customize approach – No 2 individuals are the same. We all have different strengths and Abilities to build upon.
PAR: Protocol for Accommodations for Reading

• Don Johnston
• Assist with accommodations for reading
• 3 Steps
  – 1) Student’s Oral Reading
  – 2) Adult Reader
  – 3) Text Reader
• How did the student like?
• Help with adding in AT for reading solutions
The “FAST” Track

- Frustration
- Anxiety
- Stress
- Tension
Human Activity Technology (HAAT) Model

- **Human**: represents the skills and abilities of the person with a disability
- **Activity**: a set of tasks to be performed by the person with a disability
- **Context**: the setting or social, cultural and physical contexts that surround the environment in which the activity must be completed
- **Assistive Technology**: devices or strategies used to bridge the gap between the person’s abilities and the demands of the environment

*Developed by Cook & Hussey*
Ergonomics

- Inhibits blood flow
- Creates muscle shortening
- Stresses back muscles and compresses spine
- Can inhibit learning
- Compresses diaphragm
  - Affects breathing
  - Voice quality
Lumo Lift

- Lumo for back and head/shoulders
- Sends gentle vibration alert when posture needs to be corrected
Know Your Tablets
Microsoft Surface

- Windows 10
- Slim and has a USB port
- Moveable Tiles
- Built-in Accessibility
  - Speech-to-text
  - Narrator
  - Magnifier
  - High contrast
- Thin pressure sensitive cover that doubles as a keyboard
- Starts at $499
Samsung Galaxy Tab 4

- Android System
- 7, 8, 10, 12 or 18” in screen
- Camera
- Micro card
- Wi-Fi
- USB for computer
- Some built-in accessibility app
  - Download others
- Starts at $149.99
Apple iPad Pro/Air/Mini

- Multi-touch screen
- Smart Keyboard with iPad Pro
- New iOS 9
- Millions of apps
- Surf web
- iTunes
- HD Video
- Organization
- Accessibility
- Books
- Photos
- Speakers
- 5.0 megapixel camera
Built-in Accessibility Features

- VoiceOver
- Zoom
- Large Text
- Invert Colors
- Speak Selection
- Speak Auto Text
- Mono Audio
- Assistive Touch
- Guided Access
- Home-Click Speed
- Switch Access
- Braille Displays
Creating Keyboard Shortcuts

• Go to General => Keyboard and make sure Shortcut is turned on
• Go to Add New Shortcut
• Put in your Phrase
• Create Short Cut
• Example:
  – Phrase : Martha E. Rust, MS CRC ATP
  – Shortcut is: MER
  – So when MER is typed it will put in the above Phrase
  – OMW => On My Way!
Apple: Read Text Out Loud

- Open the Settings app on your home screen.
- Tap the General tab.
- Scroll down and tap the Accessibility tab.
- Tap the Speak Selection option (it should be set to off, currently).
- Tap the toggle switch to turn it on. You can also adjust the rate of speech as well.

- Highlight any text like you would if you were going to copy it but tap the "Speak" button instead.
  - This option will change to "Pause" while the text is being spoken so you can stop it at any point.
- Can choose to highlight as it reads.
iOS 9 More Powerful Siri

Meet your proactive assistant.

Based on the apps you commonly use and the time of day you use them, you’ll get intelligent suggestions for what you might want to do next — even before you ask.
GoodNotes 4 - Notes & PD

• Handwriting & text
• Handwriting recognition to clipboard
• Search handwritten notes
• Insert images, draw perfect shapes, and PDF
• docs inside a notebook
• Annotate PDFs
• Zoom window for handwriting to shrink
• Variety of paper types
• Folder organization
• Backup documents to Dropbox, Box, Google Drive
• $7.99
Voice Dream

- Text to Speech
- Highlights as it reads
- Import
  - Bookshare
  - Dropbox
  - Gutenburg
  - Word Doc
  - PDFs
- Buy different voices
- Change rate of speed

- Download for later reading
- $9.99
Genius Scan

- Scan documents or handwritten notes
- Email the scans as JPEG or PDF
- Free
- Genius Scan Plus ($2.99) allows upload to Dropbox, Skydrive or Evernote
Winter Survival Kit

- help you find your current location
- call 911
- notify your friends and family
- calculate how long you can run your engine to keep warm and stay safe from carbon monoxide poisoning
- alert you every 30 minutes to remind you to periodically turn off your engine and to check your exhaust pipe for snow buildup
BARD Mobile

• Access directly to the National Library Service for the Blind and Physically Handicapped (NLS)
• Must be registered
• Settings
• Can use with braille display
• http://www.loc.gov/nls/find.html
• Free
Refurbished Tablets

• If you do not need the latest and greatest consider an older models for a discount
• Want to make sure that refurbish tablets have been certified
• Look for at least 1 year warranty
• Many places now sell
  – Apple
  – BestBuy
  – Amazon
Microsoft: Trade-in Your Ipad

Don't throw away free money. Trade in before you upgrade.

To get started, simply bring your laptop, tablet, phone or games to your local Microsoft retail store and check out our competitive trade-in program. If your device or game has value, we'll provide you with a Microsoft retail store credit so you can trade up to the latest device or hottest game titles. If it doesn't have value, we will wipe it of all data and safely recycle it for you. It's fast, easy, and free of charge.
# Microsoft Surface

## Compare Surface Models

<table>
<thead>
<tr>
<th>Model</th>
<th>If you’re looking for</th>
<th>If you’re looking to:</th>
<th>Screen size and weight</th>
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| Surface Book | The most powerful Surface laptop to handle any task.                                  | Experience all the activities on a Surface Pro 4 and Surface 3 plus:                                        | 13.5” 3.34 lbs (1516g)  
PixelSense™  
Resolution: 3000 x 2000 |
| Starting at  |                                                                                     | • Shoot video and edit in Premiere Pro with amazing fluidity and smoothness  
• With a discreet GPU, run professional-grade software—Adobe Creative Cloud, AutoCAD, or Visual Studio—without compromise |                                                 |
| $1,499.00    |                                                                                     |                                                                                                             |                                                 |
| Shop now     |                                                                                     |                                                                                                             |                                                 |
| Surface Pro 4| The perfect balance of size and power for working on the go.                         | • Run desktop software just like a laptop  
• Stream music and movies  
• Write and draw directly on your screen  
• Organize and enhance photos  
• Make music with professional grade apps  
• 3D modeling with Auto Cad (i7 models only) | 12.3” 1.73 lbs (786g)  
PixelSense™  
Resolution: 2736 x 1824 |
| Starting at  |                                                                                     |                                                                                                             |                                                 |
| $799.00      |                                                                                     |                                                                                                             |                                                 |
| Shop now     |                                                                                     |                                                                                                             |                                                 |
| Surface 3    | The smallest and most compact member of the Surface family                           | • Run desktop software just like a laptop  
• Stream music and movies  
• Write and draw directly on your screen | 10.8” 1.37 lbs  
Full HD Display  
Resolution: 1920 x 1280 |
| Starting at  |                                                                                     |                                                                                                             |                                                 |
| $499.00      |                                                                                     |                                                                                                             |                                                 |
| Save $150    |                                                                                     |                                                                                                             |                                                 |
| Shop now     |                                                                                     |                                                                                                             |                                                 |
Surface – Ease of Access

Ease of Access options for Surface

- **Narrator:** This tool reads the text on your screen aloud. For more info, see [Hear text read aloud with Narrator](#).

- **Magnifier:** This tool enlarges your screen or parts of it to make words and images easier to see.

- **High contrast:** This option lets you use a high-contrast theme that makes items easier to read on your Surface. Here’s how to use a high-contrast theme:
  - Under *Choose a theme*, select a high-contrast theme, select a color for the text or background, and select *Apply*.

- **Closed captions:** This tool lets you control fonts and other features related to closed captions.

- **Keyboard:** This tool lets you control your Surface by using a touch keyboard.

- **Mouse:** This option lets you change the size and color of the mouse pointer and use the numeric keypad to control the mouse.

- **Other options:** These options make your Surface easier to use.
  - **Play animations in Windows:** To see animations whenever you open and switch apps, select *On*.
  - **Show Windows background:** To see a background image instead of a black background on the Desktop, select *On*.
  - **Show notifications for:** If notifications appear and disappear too quickly, choose a time (5, 7, 15, or 30 seconds; 1 or 5 minutes) to change how long they’re visible.
  - **Cursor thickness:** If the cursor is too hard to see, you can change its thickness.
  - **Show visual feedback when I touch the screen:** To see a gray animation wherever you touch the screen, select *On*.
  - **Use darker, larger visual feedback (ideal for presentations):** To see a larger, darker animation wherever you touch the screen, select *On*.
How to use Speech Recognition
Microsoft Apps

Apps for Windows
There are thousands of education apps in the Windows marketplace, from early learning games to study aids and even apps that will help you manage the classroom, with more available every day.

Guide: Top 100 education apps by subject and grade
Find education apps for Windows
Surface Resources

The World's Most Popular Mobile OS

- Android powers over 1,675,450,000 phones and tablets around the world. 355,000 Android phones are activated daily.

- It’s customizable, yet easy to use, and since it's made by Google, it works seamlessly with all your favorite Google apps.
Smartphone Users Pick Android

79% of People Use Android Smartphones
14.2% of People Use iPhones
6.8% Use Other Smartphones
Samsung Galaxy Tab S2

- 8.0 or 9.7 inch Super AMOLED screen
- 5.6 mm thin, 265-392 grams
- 8 Megapixel Rear Facing Camera, 2.1 Megapixel Front Facing
- Quick Connect and Sidesync allow for easily connecting to other devices.
- $399 - $449
Samsung Galaxy Note 5

- S-pen is a built in stylus that allows you to easily access your phone in an intuitive way.
- Wireless charging is built in! Place the device on a charge pad, just grab and go!
- Camera allows video to be recorded in 4K Ultra High Definition
- Ultra Power Saving Mode
- $696 off contract
Kindle Fire HD/HDX Features

- Download Books and Movies
- Access to Amazon
- Front Facing Camera
  - Skype
- Can Read Books out loud
  - If book has this feature enabled
  - Check on product details page
  - Whispersync for Voice
  - Immersion Reading
- Mayday Button
- Can Change:
  - Font
  - Line Spacing
  - Text Size
  - Background color
Easy Mode

• In Settings under Home Screen Mode
• Has three home screens
• The main home screen has non removable widgets for the time, date, and weather. You will also find six apps to choose from that have much larger icons
• The left home screen is dedicated to calling
  – Can select up to nine contacts
• The right home screen includes 9 apps that you can customize to whatever you want
• Still have an app drawer
  – All apps are spelled out and in alphabetical order.
• The settings menu and camera interface is also simplified
Google Drive

- Upload photos, videos, documents, and other files and access wherever you go
- Share photos and files
- Make files available off-line
- Scan documents with device camera
- Up to 15 GB of storage
- Free
Browser Reader for Chrome

- Open Google Chrome Browser
- Copy any text from the webpage
- Put your device down and listen
- Shake device to stop the voice reading and save it as audio content.
- Highlight the text and press the 'select all' button which is left to the 'cut', 'copy' & 'paste' buttons and then copy the text to read the whole webpage
Talk Text to Voice

• Convert text to voice using the Text-to-speech engine on your smartphone
• Allows importing web pages directly from the browser to listen to them
• Can also import selected text from other apps
LectureNotes

- handwriting on the screen, in particular with a stylus
- Free trial; $3.59
- Created for the college student
- Create notebooks
- Share
- Import videos
Resources

- http://www.android.com/about/
- http://www.google.com/landing/now/#whatisit
- http://www.statista.com/topics/876/android/
- http://getvera.com/controllers/veralite/
- http://www.google.com/glass/start/
RealPad

- Ready to use out of the box
- Toolbar with large graphics
- Light weight
- 16gb of storage
- Rear and Front facing camera
- $99 with 1 year warranty

- Free 24/7 Customer Services
Mobile Tablets/ eReaders

• What do I need?
• Does it read out loud?
• Do I need Apps?
• Change colors?
• Change line spacing?
• Textbooks?
• Fun Reading?
Tools for Life
AppFinder
TFL AppFinder

Search by:

✓ App Name
✓ Categories

- Book
- Education
- Environmental Adaptations
- Hearing
- Cognition, Learning, Developmental
- Navigation
- Personal Care and Safety
- Productivity
- Communication
- Therapeutic Aids
- Vision
TFL Gaming Initiative

• There are many benefits to playing games
  – Improved Hand/Eye coordination
  – Increased problem solving and cognitive function
  – Better handle stressful environments
  – Social outlet

• Tools for Life has recognized the importance of play and is starting an initiative dedicated to gaming with disabilities. Some objectives of the program are:
  – Demonstrate the accessibility of gaming
  – Build relationships with developers and aid in creating more accessible games
  – Increase public awareness of the importance of accessibility in games
Pixie

-Maps all of the digital things in your life
-Place a pixie chip on any device and map will tell you it's precise location

https://www.getpixie.com/
iBeacon Technology

- Estimote Beacons
  - Wireless sensors that attached to any location or object
  - Broadcasts radio signals to smartphone
  - https://www.youtube.com/watch?v=lwnmx-5mBLM
iMovie

- Share information via Facebook, Twitter, Email, or SMS
- Upload photos
SkyGrid

• Personalize news events by categories
• Simple interface
• Free
• [www.skygrid.com](http://www.skygrid.com)
iZen Garden

- Choose from 100s of objects, plants and creatures to place in your garden
- Rake the sand and share your creations
- Helps you to center your mind, relax your psyche and relieve your stress
“Rewordify is a free website that makes English easier to read. In some ways it is similar to a thesaurus, but allows users to enter not just single words, but entire sentences, pages, and even websites, for clarification. Passages are preferred, as difficult words are 'rewordified' using the context of the sentence. For example, paste in "The tempest raged outside while the throng huddled inside.", and it is 'rewordified' into, "the storm raged outside while the crowd huddled inside."

Students can use this tool to make passages more understandable. Simplified words are highlighted for quick comparison with the original word(s).”
Victor Reader Stream (new generation)

- Handheld media player by Humanware
- Plays DAISY books, MP3, MP4, EPUB
- Records voice and media
- Two built-in, human-sounding voices
- Built-in wireless networking capability
- $369
Reading Pens

- Scans text,
- Hear it spoken aloud
- Obtains definitions and correct pronunciation within seconds
- Variety of types
  - Wizcom
  - C-Pen Reader
  - IRISPen
  - PenPower
  - Video Touch Pen by MoralRegion
AnyBook Anywhere

- Use to record your voice reading the story
- 200 hours of recording
- Works with any book
- Store recordings on a virtual library
- Share collections with friends
- $49.99
- Amazon.com
Learning Ally

- Learning Ally
  - DAISY
  - Membership required
  - over 75,000 audiobooks, audio textbooks, and other recorded books
  - Free Trial
Bookshare

• Online Accessible Library
• Free membership to qualified students and schools
  – Textbooks if school is member
• 389,675 titles
• Serves individuals with:
  – Vision disabilities
  – Physical disabilities
  – Learning disabilities
Audible.com

• Digital audiobooks
• Read by Hollywood stars, authors, and professional narrators
• Listen anywhere
• Over 180,000 titles
• Membership
  – $14.95/ month for one book
ClaroSpeak US

- Text-to-Speech
  - import documents and PDFs into ClaroSpeak from apps such as Mail, or import PDF, Word, Pages and other files directly from Dropbox using
- Change font and color
- Save text as an audio file
- Visual Tracking
- Send Text
ClaroRead

- Reads text as it highlights
- Moveable tool bar
- Can read doc, PDFs, internet, and more
- 7.0
  - Add audio notes
  - Save as mp3 file
  - Save as video

- Can change highlighting colors
- www.claroread.com
Kurzweil 3000

- Text-to-Speech software
- Helps improve reading speed and comprehension
- Note taking capabilities
  - Different color highlighters
- firefly
  - Access many features of Kurzweil through the internet
    - firefly demo
- Free download trial
  - www.kurzweiledu.com
  - Kurzweil 3000 Demo
TextHelp

- Text-to-Speech software
- Helps improves reading skills
- Built in text and picture dictionaries
- Study skills highlighter

- Has a Google Chrom version
- www.texthelp.com
WYNN

- What You Need Now
- Freedom Scientific
- Scanning and Reading software
- Highlights text as spoken
- Icon friendly
- Built in study tools

- Internet Features
Voice Input Solutions
Speech Recognition Software

• Turn spoken words into text

• Connect with the timing of your thoughts

• Dictation speed 70 to 100 words per minute
Word Q/ Speech Q

- Software that has built-in word prediction
- Suggests words
- Spoken feedback to hear what was written
- Speech Q is a plugin for Speech Recognition

- 30 day free trial
  http://www.goqsoftware.com/trial/
Ginger

• Online grammar and spell checker
• Can see corrections as you type or use Ginger Proofreader to scan the entire document for mistakes
• Will read corrections out loud

• Has a mobile Android, iOS and Windows
• Works inside Word and emails
• Text to Speech
  – Read emails and docs
  – Can choose voice and accent
• Ginger Demo
Inspiration

• Mind Mapping software
• Allows User to “connect” ideas together
• Add in pictures and hyperlinks
• Can produce an outline form

• Better organization of essays
• $27.96
• App $9.99
What's New In AT!
Typing made Easier

iOS 8 Preview

Our smartest keyboard ever.

iOS 8 makes typing easier by suggesting contextually appropriate words to complete your sentences. It even recognizes to whom you’re typing and whether you’re in Mail or Messages. Because your tone in an email may be different from your tone in a message.

Learn more ›
Reminders

- Built-in App
- Works with VoiceOver
- Organize your reminders
- Siri
- iPad
TapTapSee

- Designed to help people with low vision identify objects they encounter in their daily lives.
- Double tap the screen to take a photo of anything, at any angle, and hear the app speak the identification back to you.
- Requires VoiceOver to be turned on.
Pixie

• Maps all of the digital things in your life
• Place a pixie chip on any device and map will tell you it's precise location

https://www.getpixie.com/
iBeacon Technology

• Estimote Beacons
  – Wireless sensors that attached to any location or object
  – Broadcasts radio signals to smartphone
Apple Watch

- Receive Calls and texts
  - “Inner Circle”
- Apps
- Can be used for fitness
  - Heart Rate Monitor
  - GPS
  - Accelerometer
- “Hey Siri”
- Haptic feedback
- Calendar
- $499
FitBit

- Fitness tracker
- Variety of styles and colors
- Track Activity
- Track Food
- Track Sleep
- Track Heart rate
- Works with other Apps
- New Smartwatch
Microsoft Band

- Works across all platforms
- Receives calls and texts
- Uses Cortana
- Keep tracks of steps
- Keeps track of Sleep
- Keeps track of UV
- Keeps track of heart rate
- Choose apps
  - Facebook
- $199
Moto 360 by Motorola

- Runs Android Wear, Google's operating system for smartwatches.
Moto 360 by Motorola

• Classroom Applications:
  – Todoist for Android Wear allows me to quickly view my homework assignments and check them off as I complete them.
  – Evernote for Android Wear allows me to study my notes on the go.
Looking forward towards my transition to college, I realized that I would need a way to easily pay for things at stores without having to handle physical money or credit cards.

I began researching mobile payment applications that utilize Near Field Communication (NFC) technology.

NFC technology allows users to pay for things by simply typing in a PIN number or scanning their fingerprint and holding the back of their phone up to a credit card terminal that accepts NFC.
Mobile Payment Applications

• Examples of these applications include:
  – Google Wallet (for Android, will be replaced by Android Pay soon)
  – Apple Pay (for iPhone 6, iPhone 6 Plus, & Apple Watch)
• Paying with NFC is A LOT more secure than paying with a normal credit card.
• In the future, I hope to see more stores accept NFC as a payment method and to see NFC technology included in more wearable devices.
Wearable technology vest
- Provides customizable deep touch pressure
  - Uses adjustable air pressure compression controlled via smartphone app
  - http://www.mytjacket.com/
Amazon Echo

• Speech-controlled speaker system
• Voice recognition - further distances
• Timers, news, information
• Invitation only
• $199, $99 Prime members
Breathe2Relax

- Portable stress management tool
- Detailed information on the effects of stress on the body
- Instructions and practice exercises to learn the stress management skill called diaphragmatic breathing
Visit the LDA AT Solutions Lab
AT for Calming

b-Calm

- Products for adult and children
  - ($109 - $205)
- Preloaded audio sedation tracks
  - Acoustic masking signals work to make typically distracting noises unapparent to the user
  - Audio recordings to help with relaxation and focus
PTSD Coach was designed for Veterans and military Service Members who have, or may have, Posttraumatic Stress Disorder (PTSD). This app provides users with education about PTSD, information about professional care, a self-assessment for PTSD, opportunities to find support, and tools that can help users manage the stresses of daily life with PTSD. Tools range from relaxation skills and positive self-talk to anger management and other common self-help strategies. Users can customize tools based on their preferences and can integrate their own contacts, photos, and music. This app can be used by people who are in treatment as well as those who are not. PTSD Coach was created by VA.
WAZE

FREE!

iOS

• Waze is the world's largest community-based traffic and navigation app. Join drivers in your area who share real-time traffic & road info to save time, gas money, and improve daily commuting for all.
Key Ring App

FREE!

iOS and Android

• All those loyalty cards are hard to keep track of. Key Ring puts all your cards on your phone, so they’re there when you need them. Scan and store grocery cards, gym cards, library cards, gift cards... you name it. Loyalty cards scan straight from your phone at the checkout counter, saving you money instantly
Modern life is full of deadlines, frustrations, and demands. For many people, stress is so commonplace that it has become a way of life. You can protect yourself by recognizing the signs and symptoms of stress and taking steps to reduce its harmful effects.

This Application gives you complete idea about Stress, its symptoms and stress management in simple and efficient way.

The Application Includes:

- **What is stress**
- **Symptoms of short term stress**
- **Symptoms of longterm stress**
- **Ways to avoid stress**
- **Ways to overcome Stress**
- **Yoga for Stress**
APPs for Mood/Emotion Management

• Self-Help for Anxiety Management (SAM) (free iOS, Android)
  – Tell the app how you’re feeling, how anxious you are, or how worried you are.
  – app’s self-help features walk you through some calming or relaxation practices.
• iZen garden ($4.99, iOS)
• Koi Pond ($1, iOS)
Relax Melodies: Sleep & Yoga

FREE!

iOS and Android

- Relax Melodies is the LEADER in personalized relaxation and sleep assistance. No more lacking of sleep or insomnia for you! The sleep that you need and want is waiting for you. Relax Melodies and its many features such as high quality white noise sounds, music melodies and complete customizable mixes will help you sleep like never before!

- Here’s how it works:
  1. Create a sleep mix by selecting sounds and music that you like.
  2. Slip naturally into a relaxed state or a deep sleep...!
  3. Awake, feel refreshed and happier
  4. Do it again, anytime!

- Use it also in many other situation such as while exercising, during your yoga meditation sessions, while massaging, during a quick nap or even to help your baby fall asleep faster!
Task Management

• Evernote (free, iOS, Android, Windows)
  – allows you to store text, photos, and audio notes on your device of choice. Create "notebooks" and categorize notes for meetings and to-do lists. Notes are tagged with geo-location for mapping or search. Keep all info in one place

• 30/30 (free, iOS, Android, Windows)
  – Set up tasks and time needed to complete
  – App will tell you when to move onto next task
Finding the TFL Wiki
Welcome to the Tools for Life wiki. Tools for Life, Georgia’s Assistive Technology Act Program, gives more options for greater freedom by increasing access to and acquisition of assistive technology (AT) devices and services for Georgians of all ages and disabilities so they can live, learn, work, and play independently in communities of their choice.

Frequently Asked Questions (FAQs)

- What is Assistive Technology?
- Where can I learn about Assistive Technology devices?
- Where can I access TFL webinar archives?

Recent Presentations and Activities

- 2015 ATIA Orlando - January 25-31, 2015 - Orlando, FL
- Visiting Nurse Health System, Exploring AT Services in Georgia - December 18, 2014 - Atlanta, GA
- 2014 Decoding Dyslexia - December 13, 2014 - Georgia Tech, Atlanta, GA
- 2014 SILC and TFL Atlanta Town Hall - December 9, 2014 - Atlanta, GA
- 2014 GATE Seminar - December 5, 2014 - Georgia Tech, Atlanta, GA
- 2014 GSU Rehabilitation Counseling Improving Independence through AT - November 12, 2014 - Atlanta, GA
- 2014 LeadingAge Georgia Conference - November 6, 2014 - Atlanta, GA
- Gwinnett Technical College - October 30, 2014 - Atlanta, GA
- 2014 High School High Tech - October 23, 2014 - Dublin, GA
- 2014 Georgia College & Career Readiness Institute - September 25-26, 2014 - Macon, GA
- LDA Webinar: AT 101 - Understanding and Advocating for Assistive Technology - September 18, 2014
- 2014 GPA Annual Conference - September 15, 2014 - Savannah, GA

Connect with Us

- Tools for Life Website
- Tools for Life on Facebook
- Tools for Life on YouTube

Helpful Tools & Resources

- Tools for Life AppFinder
- Dollars & Sense Funding Guide
- gTrade - Georgia’s Online Equipment Exchange
- Tools for Life Community Partners

News

- June 3-6, 2013 Tools for Life co-hosts IDEAS Conference in St. Simons Island, GA
- April 2013 Tools for Life AppFinder makes program spotlight on AT Connects website
- April 2013 Our Favorite Apps spotlight on AT Program News
Success with Assistive Technology and Advocacy begins with the Individual

- Explore & USE Assistive Technology that can Help You
- Begin with the End in Mind
- Try – Fail & Try again…
- Evaluate and Evolve
- Celebrate your Successes! Success Breeds Success.
- AND Visit Us at the LDA & AMAC AT Solutions Lab in Chicago!
My Question to You:
What have You Learned today?
Thank You!

thank you
The TFL Team

Carolyn Phillips
Director, Tools for Life
Carolyn.Phillips@gatfl.gatech.edu

Danny Housley
AT Funding & Resource Specialist
Danny.Housley@gatfl.gatech.edu

Ben Jacobs
Accommodations Specialist
Ben.Jacobs@gatfl.gatech.edu

Liz Persaud
Training and Outreach Coordinator
Liz.Persaud@gatfl.gatech.edu

Martha Rust
AT Specialist
Martha.Rust@gatfl.gatech.edu

Rachel Wilson
Tech Match Specialist
Rachel.Wilson@gatfl.gatech.edu

Disclaimer
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And Maria Kelley!